

# THE THREE STIRRUPS

BREWOOD



## MAIN MENU

Food served from 12:00 noon – 2.30pm and 6:00pm – 9:00pm Monday to Saturday  
12:00- 4.00pm on Sunday

### STARTERS

**Soup of the day - £4.50**

Served with half a baguette and butter

**Homemade Samosas - £4.95**

Served with yoghurt and mint dip and salad garnish

**Poached Egg and Black Pudding - £4.75**

**Butternut and Chickpea Patties - £5.95 (Vv)**

2 Sweet butternut and chick pea patties, lightly spiced with ginger, coriander, cumin and chilli served with a side salad and sweet chilli sauce

**Creamy Garlic Mushrooms - £4.35 (V)**

Chestnut mushrooms in a creamy garlic sauce served on a slice of toasted ciabatta bread  
*Gluten free option available*

*Check out our specials board for today's specials*

### FROM THE GRILL

All our meat, fish and vegetables are sourced locally whenever possible  
*Gluten free options available on all burgers*

**Grilled Gammon Steak - £9.95 (gf)**

12oz (raw weight) gammon steak, two fried eggs or two grilled pineapple slices, or one of each if you fancy! Served with chips and garden peas

**10oz Sirloin Steak (raw weight) - £10.75**

Cooked to your liking served with chips, mushrooms, onion ring and peas

**Charred Aubergine and Harrissa Burger - £11.00**

Served in a toasted brioche bun with humus and fries (V)

**House Burger - £9.95**

Two chargrilled beef burgers or chicken breasts toasted in a brioche bun with bacon, cheese, mayonnaise, gherkin, hand-battered onion rings, smoke house salsa and fries

**Classic Chicken Burger - £9.95**

Two buttermilk chicken burgers served in a toasted brioche bun with mayonnaise, cheese and gherkin, smoked house salsa and fries

# MAIN DISHES

## **Sweet Potato & Feta Lasagne (v) - £8.95**

Layers of pasta between a spinach, sweet potato & feta sauce topped with a tomato ragu, Mozzarella & Cheddar cheese. Served with a lightly dressed side salad and garlic bread

## **Satay Sweet Potato Curry (Vv) - £9.50**

Onion, garlic, spinach and lime in red curry and coconut sauce served with basmati rice

## **Classic Breaded Wholetail Scampi - £8.95**

10 pieces of wholetail scampi served with chips or new potatoes, seasonal veg, lemon wedge and tartare sauce

## **The Stirrups Yorkie Special - £8.95**

Homemade giant Yorkshire pudding filled with 4 Leamore pork sausages, mash potato, peas and a rich onion gravy

## **Classic Fish Pie - £11.95**

Smoked haddock, cod and prawns in a creamy dill sauce topped with cheesy mash potato and seasonal vegetables served chips or new potatoes

## **Classic Beef Lasagne - £9.95**

Served with 4 slices of garlic ciabatta and salad garnish

## **Freshly Beer Battered (8-10oz) Cod - £9.95**

Served with chips, mushy peas, lemon wedge and tartare sauce

## **Homemade Vegetarian chilli (v) - £8.50**

Served with basmati rice and garlic ciabatta

## **Cajun Chicken - £7.95**

Butter filled Cajun chicken, grilled tomato and mushroom, served chips or new potatoes and salad

## **Classic Beef Bourguignon - £12.95**

Succulent tender beef pieces, onions, carrots, bacon in a red wine sauce served with seasonal vegetables and new potatoes

## **Vegan Cottage Pie (Vv) - £9.95**

With lentils, onions, carrots and celery topped with root vegetable mash served with a jug of vegan gravy, chips or new potatoes

*Don't forget to check out of specials board!*

## **SIDES UNLESS OTHERWISE STATED – ALL £2.50**

Pigs in blankets (8)

Chips (v)

Homemade onion rings (v)

Garlic Bread

Bread and Butter 50p

Salad bowl (v)

New potatoes (v)

Creamy mash (v)

Buttered vegetables (v)

Mushy peas (v)

Peppercorn Sauce(v)

*All our food is prepared in a kitchen where nuts, gluten and other allergens are present. Our menu descriptions do not list all ingredients. Please ask a member of staff for allergen advice.*

*V - Suitable for vegans*

*v - Suitable for vegetarians*

*gf - Gluten free*